

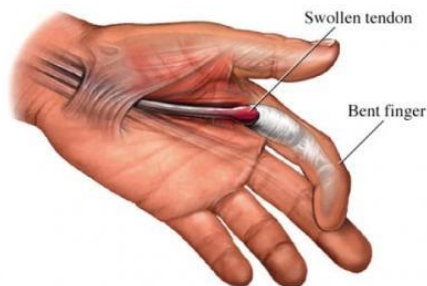
TRIGGER FINGER

Do you experience....

- A catch in your finger(s) when you make a fist and then try to straighten it out?
- Does your finger lock down into your palm ?

If so, you could be suffering from

TRIGGER FINGER



Trigger finger is when the flexor tendon thickens and gets caught under a pulley. This causes your finger to click, catch and even lock into a bent position. Trigger finger can be very painful and limit functional use of your hand.

You may benefit from Hand Therapy focusing on splinting, exercises to help promote tendon gliding, and inflammation reduction.

If you have hand pain that won't go away, schedule an appointment with one of the surgeons at the Hand Center of Southwestern Ohio.

The Hand Center of Southwestern Ohio
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